How to Apply a Bandage

1. Place a stirrup of white tape on the skin hanging below the foot. This will help to keep the bandage from slipping.

2. Apply a non-stick Telfa pad to any wounds.

3. Wrap roll cotton around the leg to either immobilize affected joints or to cover any wounds. Always roll the cotton away from the leg to help prevent the bandage from being too tight. Always start near the toes or at the tip of the tail and wrap up, back down, then up again to help promote good circulation. Wrap each layer of cotton over the previous layer by 50%. Any layers of cotton should be smooth as wrinkles can cause pressure on the limb, leading to sores.

4. Wrap stretch gauze around the leg as described with the roll cotton.

5. If you have used a stirrup, fold the loose end up and secure it to the bandage.
6. Wrap Vetwrap as described previously with the roll cotton. It is always best to unroll the Vetwrap and then re-roll it prior to using it in your bandage. This helps to loosen the Vetwrap and helps to prevent your bandage from being too tight. Ideally, you should be able to fit one finger between your pet’s limb and the bandage.

7. Secure the bandage at the top with some white tape or Elasticon.

8. Try to leave the middle two toes exposed when applying a bandage so you can monitor them for swelling. This would indicate that your bandage is too tight.

9. Monitor the bandage closely to ensure that it stays clean and dry. You should change the bandage if it becomes soiled as any moisture trapped under a bandage can lead to infection.

10. You can use a Ziploc bag to cover and protect the bandage when your pet is outside to help keep the bandage clean and dry.